



In conjunction with the Bridgewater Recreation Department... Fencing is one of the most exciting, yet safest and strategic sports that have ever been developed. It is a sport that has been in every modern Olympics, has produced strong high school fencers, and is at most of the top colleges in the country! Medeo is one of the most successful

fencing clubs in the United States, producing champions at every level. Our classes are taught by world renowned coaches in each weapon. We have 13 Olympic Style Fencing Strips in a beautiful air-conditioned state of the art facility. Fencing helps to develop confidence, poise, balance, eye-hand coordination, strategy, ability to think under pressure, and how to be efficient with ones' motions. Oftentimes, a person who may not excel at major sports will find that they can achieve within this sport because it emphasizes discipline and strategy as a supplement to athleticism. Fencing is a great cross training sport that will HELP you with ALL other sports! Classes will be broken down by age and skill level.

Following is the list of Fall classes beginning the week of 9/1/14:

Beginner Foil with Coach Andrzej (Ages 7-11) Tuesdays 5-6:30 PM Intermediate Foil with Coach Andrzej (Ages 10+) Wednesdays 5-6:30 PM Beginner Sabre with Coach Stephen (Ages 7-11) Wednesdays 5:45-6:45 PM Intermediate Sabre with Coach Stephen (Ages 12+) Tuesdays 6:40-8:10 PM Beginner Epee with Coach Alex (Ages 7-11) Fridays 6:30-7:30 PM Beginner Epee with Coach Alex (Ages 12+) Fridays 5-6:30 PM

Bridgewater residents may register before the start of class at Medeo, 783 E. Main St. Unit G, and provide proof of residency to receive discount.

Class size is limited. Questions? Please contact the Bridgewater Recreation Department 100 Commons Way - Bridgewater, NJ 08807 (908) 725-6373 office hours 9am to 5pm Monday to Thursday 8am to 5pm Friday www.bridgewaternj.gov

| Fencing w/ Medeo | | Amount paid. Checks payable to "Medeo Fencing Club" (Regretfully, no cash accepted) | |
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| Last Name | First Name | Age | Date of Birth |
| Mailing Address | Township | State | Zip |
| Home # | Work # | Cell # | |
| Email Address | Course Name | Day(s) of Week | Time |
| | eeds due to a disability, please check the to be notified regarding special conside | | act you regarding reasonable |
| its participants. Each participant will | cur. Bridgewater Township and Medeo Fen he covered under his/her family's medica ent and Medeo Fencing reserves the right | al policy. It is recommended that f | amilies have insurance before |
| Parent/Guardian | | / Date | |

